



FEATURES

October 7-11, 2019

MERO HAWAIIAN SEA BASS FILLETS (3-5 lb fillets, skin-on, boneless)



Harvested in the deep, cold waters between Hawaii and French Polynesia, Mero has a tremendous amount of fat content. With its thick, dense texture, it is easy to handle and stays together, cooking up to a nice white color with a good size flake to it. This skin-on, boneless fish will remain moist in many cooking applications, including baking, broiling, grilling or pan searing.

FRESH BUTTERFLIED BRONZINO (7/9oz each, head-off, skin-on, boneless)



This European Sea Bass is the first non-salmon fish to be cultivated commercially. It is the most popular restaurant fish in the countries surrounding the Mediterranean. Our Butterfly Bronzino are raised by Pinar Aquaculture of Turkey, a leader in sustainable, eco-responsible farming on the Aegean Sea. These Bronzino have a mild, sweet flavor, are food cost friendly and the perfect portion size.

ORGANIC PEI MUSSELS (live in shell, 10 lb bag)



From seeds to mature mussels, every facet of Organic Ocean Mussels' long-line farming and processing practices are given the care and attention that organic seeking consumers demand in today's marketplace. Global Trust has been an international leader in aquaculture certification since the 1990s and Organic Ocean Mussels is proud to have their mussels accredited as organic through their systematic protocols and proven standards.

FRESH LOCAL MONKFISH LOIN (1-2 lb loins, boneless, skinless)



We are sourcing beautiful large Monkfish Loins (fillets) from the cold crisp waters of the Georges Bank. One of New England's newest and finest ground fishing vessels, The Nobska, is landing beautiful fish that are processed by hand here at our facility.

INDIAN RIDGE PROVISIONS

400 Emlen Way, Telford, PA 18969

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PA PROUD CENTER-CUT BEEF STRIPLAIN STEAKS (8, 10, 12, 14, & 16 oz avail.)

PA Proud is Indian Ridge's one-of-a-kind beef program, allowing you to serve true 'source-verified' beef. The cattle are raised on family-owned farms regionally and all are processed in northeastern PA. All cattle are USDA inspected and graded Choice or higher-ensuring a consistent level of marbling. Striploin steaks offer the perfect combination of flavor and tenderness and are great for your grill during the fall season.



BEEF COULOTTE STEAKS

The coulotte is the muscle that rests on top of the sirloin. Well marbled and tender, these steaks provide good plate presentation with a consistent rectangular shape. They will eat every bit as good as more well-known cuts from the middle of the animal. Chef's often consider coulotte steaks the best kept secret in the animal. At IRP, we offer our coulotte steaks with two trim specifications. The "Pub" steak is completely clean of any extraneous fat, while the "Hacienda" option keeps a 1/4" picture frame of fat on the side, similar to a striploin steak.



Hacienda: (6/7oz & 8/9oz available)

Pub: (4oz, 5oz, 6oz, 8oz, 9oz & 10oz available)



USDA CHOICE BEEF FLAT IRON STEAKS (4, 6, 8 & 10 oz available)

The 'flat iron' gets its nickname from its rectangular shape - the muscle is actually called the top blade and is found in the shoulder of the animal. Animal scientists state that this is actually the second most tender muscle in the animal, after the tenderloin. Plenty of marbling ensures flavor, along with coveted tenderness. These steaks are great on their own or used in bistro or entree salad applications. The versatility of sizes offered by IRP also make it perfect for duos or surf-n-turf. For a low cost/high margin feature, try pairing it with some IRP dry scallops.



BEEF JULIENNE STIR-FRY PIECES (fresh)

Straight from the coveted vault of IRP by-product - check out these stir-fry strips as a way to offer menu variety at a low cost. We use premium 'bench trim', derived from striploins, top sirloins and top blades, to create the stir-fry strips. These thinly cut strips offer premium tenderness and pack plenty of flavor. Take your kitchen around the globe, as these can be a perfect, value-priced protein to create classic Asian, South American or Eastern European dishes.

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