



# FRESH LOCAL MONKFISH LOIN (1-2 lb loins, boneless, skinless)



We are sourcing beautiful large Monkfish Loins (fillets) from the cold crisp waters of the Georges Bank. One of New England's newest and finest ground fishing vessels, The Nobska, is landing beautiful fish that are processed by hand here at our facility.



# FRESH ICELANDIC "PRIME SIZE" COD LOIN (boneless, skinless, 20oz and up!)

Tremendously versatile and cost effective, our Wild Icelandic Cod is sold boneless/skinless, which allows for a multitude of applications on the menu. Because only the top loin is used there is NO waste — this is a 100% usable product. Icelandic Cod Loin is Marine Stewardship Council (MSC) certified, making the fish not only a healthy choice, but also a sustainable choice. Icelandic Cod is a cost-effective alternative to comparable higher priced fish, such as Halibut and Chilean Sea Bass.

# FRESH GEORGES BANK 10/20 DRY SEA SCALLOPS (U.S. Georges Bank)



The scallop industry is highly regulated and is considered one of the most sustainably managed fisheries in the United States. This is the time we see the most abundant catches and excellent pricing of 10/20 scallops caught on or near the Georges Bank Fishing grounds, in the northeast Atlantic, close to New England and the Canadian Maritimes.



# FRESH BUTTERFLIED BRONZINO (7/9 oz each, head-off, skin-on, boneless)

This European Sea Bass is the first non-salmon fish to be cultivated commercially. It is the most popular restaurant fish in the countries surrounding the Mediterranean. Our Butterfly Bronzino are raised by Pinar Aquaculture of Turkey, a leader in sustainable, eco-responsible farming on the Aegean Sea. These Bronzino have a mild, sweet flavor, are food cost friendly and the perfect portion size.

# INDIAN RIDGE PROVISIONS

400 Emlen Way, Telford, PA 18969 (800) 564-3300





# ALL NATURAL FRESH NAE PORK TENDERLOINS



NAE stands for 'No Antibiotics Ever' - which is an industry term for livestock that is certified to be raised without growth hormones and unnecessary antibiotics. These hogs are raised in the Mid-Atlantic region and are harvested and processed locally. Pork tenderloins can be used in a variety of applications, either served whole or as sliced medallions. Pork tenderloins are an affordable protein that is perceived as high-end to the end user. An added benefit to these premium tenderloins is the extra tight trim, which means a cleaner product and a better bottom line for you.

# BEEF COULOTTE "PUB" STEAKS (4, 5, 6, 8, 9, 10 oz sizes available)



The coulotte is a muscle that rests on top of the sirloin. Well marbled and tender, these steaks provide good plate presentation with a consistent rectangular shape. They will eat every bit as good as more well-known cuts from the middle of the animal. Chef's often consider this steak the best kept secret in the animal. At Indian Ridge, we call our cleaned USDA Choice coulotte steaks "Pub" steaks.



# PA PROUD BONELESS CHUCK FLAP

PA Proud is Indian Ridge's one-of-a-kind local beef program, allowing you to serve true 'source-verified' beef. The cattle are raised on family-owned farms regionally and all are processed in northeastern PA. All cattle are USDA inspected and graded Choice or higher, ensuring a consistent level of marbling. Chuck flap is found within the shoulder of the animal, which means it contains rich levels of juicy marbling. However, its sheltered location provides for a tender muscle - this combination has made it a favorite of chefs the past several years for braising applications.

# **BONELESS BEEF SHORT RIBS (3, 4, 5, 6, 7, 8, 10 & 12 oz available)**



Winter is here - so that signals a time for hearty braised dishes and fork-tender deliciousness. Our portioned beef short ribs allow your kitchen to maximize profits for this inexpensive beef entree. We portion to a wide range of sizes, so ask your sales rep which size will give you the best plate coverage and protein cost for your specific application. Pro tip: 'smaller' portions pair well with another protein or seafood to make for a killer inexpensive 'mixed grill' or 'surf-n-turf'.



# **BACON WRAPPED PORK SKEWERS (40 count)**

Perfect for adding flair to a plate or for a holiday event, our pork and bacon skewers are a great way to make your dishes stand out while still managing price and portion size. Made from pork tenderloin and thick-cut bacon, our skewers are a great way to create a memorable dish on a budget.

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# TALLUTO'S LARGE LOBSTER RAVIOLI (144 ct case, pre-cooked)

Pre-cooked to save time and filled with large pieces of lobster and ricotta cheese, this is a perfect pasta entrée without the prep time. As the weather gets colder, you can pair our lobster ravioli with hearty Alfredo sauce that is sure to warm you up.

# price: \$127.00/case, code: 81020-14



# NELLO'S MANGALITSA PORK & BACON SLIDERS (2 oz patty, 10 lb case)

Mangalitsa Hungarian hogs produce a unique, silky fat and robust meat. This marriage of Mangalitsa ground pork and Mangalitsa bacon makes for a sensational eating experience. These sliders make a great appetizer or bar feature on any menu.

# price: \$8.50/lb, code: 4MPBS

# POLICO WICH MALENA CONTRACTOR

# POLLY-O SMOKED MOZZARELLA (5 lb piece)

Polly-O smoked mozzarella is still made in the traditional Italian style. The creamy texture has just the right amount of smoke.

# price: \$5.97/lb, code: 6MZS



# SAUGATUCK KITCHENS SHIITAKE LEEK SPRING ROLL (100 ct case, frozen)

The Saugatuck Kitchens spring rolls are filled with shiitake mushrooms, leeks and carrots, in a ginger Hoisin sauce.

# price: \$72.50/case, code: HDM104



# WHOLE SPANISH RABBIT (6pc/case, frozen, case only)

Grupo Hermi has been raising rabbits for over 40 years. They produce Europe's favorite rabbit, renowned for its flavor and tenderness. This week we are featuring Hermi's whole rabbits.

# price: \$6.75/lb, code: W11003



#### HUDSON VALLEY BAKING CO. CHOCOLATE ORANGE SABAYON (24 cakes)

Hudson Valley Baking puts a unique twist on this classic European dessert. Whipped with cream and freshly squeezed oranges, these individual cakes are topped with a touch of mascarpone on a chiffon layer.

#### price: \$66.00/case, code: FH1ICOS

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