



FEATURES

November 4-8, 2019



FRESH GREAT LAKES JUMBO WALLEYE FILLET (skin-on, boneless, wild caught)

Walleye is the Midwest's favorite fish. Minnesotans eat the most per capita of any state, and Walleye's firm, flaky flesh combined with its mild, clean flavor profile is the reason why. This week we are bringing in Walleye from the Canadian side of Lake Erie. The Canadian boats are landing big fish daily. These large fillets will average 1-2 lbs each and be excellent for portioning.



FRESH CANADIAN SWORDFISH LOIN (Grand Banks, skin-on, boneless)

This week our sword loins are coming to us from Grand Banks, an area southeast of Newfoundland and one of the richest fishing grounds in the world. We are sourcing "Markers" — swordfish that weigh at least 100 lbs. Fish of this size will have acquired excellent fat and will have reproduced several times.



FRESH, FARM RAISED STRIPED BASS FILLET (skin-on, boneless)

This is a great alternative to wild rockfish. No antibiotics or growth hormones added. The flesh is firm and fish of this size are full flavored due to high fat content. The fillets will average 8-10 oz each.



ORGANIC PEI MUSSELS (live in shell, 10 lb bag)

From seeds to mature mussels, every facet of Organic Ocean Mussels' long-line farming and processing practices are given the care and attention that organic seeking consumers demand in today's marketplace. Global Trust has been an international leader in aquaculture certification since the 1990s and Organic Ocean Mussels is proud to have their mussels accredited as organic through their systematic protocols and proven standards.



LARGE ECUADORIAN MAHI FILLETS (cut from 20 lb and up fish)

The Ecuadorian Mahi season has just started and prices are once again becoming attractive. We target 20 lb. and up fish, which provides the best portion yields of thick, uniform cuts. The fish of this size also store higher volumes of fat, producing a moist and very flavorful finished product. We will be bringing the fish in daily. Now is the time to think about Mahi as a menu item. Historically, Mahi is at it's best from now until the late Spring, with favorable pricing and great quality.

Skin-on, Boneless

Skin-off, Boneless

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PRIME RESERVE PORK PORTERHOUSE

Experience the ultimate in succulent, juicy pork. Our pork is enhanced with flavor-rich pork trim, resulting in increased marbling. This 'prime-like' marbling allows the chop to retain a high moisture level, thereby preventing a 'dry' product. The pork porterhouse provides a great bone-in presentation, which includes both the strip and filet side—a great late summer presentation.



VEAL SHORT RIBS (bone-in, 10 lb case only)

Given the crisp fall air, we feel a braised feature is certainly in order. Veal is making a comeback on menus everywhere and our milk fed veal is tender and flavorful. These cross-cut 'flanken-style' short ribs weigh approximately 14-16 ounces each; a perfect portion size at a great cost for your kitchen.



PORK TENDERLOINS

The pork tenderloin is the most tender muscle found in hogs because of its sheltered location within the loin. Pork tenderloins are an easy muscle to work with in your kitchen and presentation is flexible. You can choose to keep it whole and roast it or you can slice it into medallions to sauté each piece. Tender and flavorful, they pair well with a variety of concepts, including southwest, Latin and traditional cooler weather comfort foods. Each tenderloin weighs approximately 1 lb. (each case weighs about 10-12 lb.)



BEEF COULOTTE "PUB" STEAKS

The coulotte is the muscle that rests on top of the sirloin. Well marbled and tender, these steaks provide good plate presentation with a consistent rectangular shape. They will eat every bit as good as more well-known cuts from the middle of the animal. Chefs often consider coulotte steaks the best kept secret in the animal. This week we are featuring our coulotte "Pub" steak, which is completely clean of any extraneous fat.

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