

## Lamb Cubes (2each 5lb packs, 10lb case)

Cut from the leg, these lamb cubes are used for traditional lamb stew.
code: 2LCL


## Ground Lamb (10lb case)

A favorite for centuries, ground lamb is the backbone of any good shepherds pie. Domestic lamb is double ground to produce this premium blend.
code: 2GL


## Martin's Irish Bangers (4oz each, 10lb case)

These locally produced sausages utilize bread crumbs in the filling. Bangers are traditionally served with potatoes, which is why the name "Bangers \& Mash" originated. During the meat shortage of World War 1 , butchers had to increase the amount of water they used to make sausage. When heated the additional water would create steam that would burst through the casing with a loud "banging" sound...and the nickname was born.
code: 4IBM


## Fresh Local Mid-Atlantic Fluke Fillets (4-6oz each)

Fluke is part of the Flounder family and is a local delicacy. The meat is white and flaky with a sweet taste.
code: SFKM


## Eastern Cove Jumbo Crab Meat (160z can, 12lb case only)

Eastern Cove crab meat is steamed, handpicked, graded, and pasteurized to ensure quality and freshness. It is extremely easy to prepare your favorite crab meat recipes - crabcakes, pasta dishes, steak Oscar - the possibilities are endless!

